



Newark Athletic Club
Presents the 35th
Gordon Whelbourn Running
Week



Monday 1st to Friday 5th June 2020
Incorporating the Dr Simeon Hansard Memorial Trophy
and the
Mary Whelbourn Trophy

Monday	7.15 pm	Tom Mann Pavilion, Devon Park, Newark	Approx 5K
Tuesday	7.15 pm	Newark AC, Newark Academy School, London Road, Balderton	Approx 5K
Wednesday	7.15 pm	Flowserve Social Club, Hawton Lane, Balderton	Approx 5K
Thursday	7.15 pm	Farndon riverside (park at Memorial Hall)	Approx 5K
Friday	7.30 pm	Flowserve Social Club, Hawton Lane, Balderton	Approx 10K

The 10K race on Friday is also considered as a separate event

Results will be available on www.newarkathletics.co.uk

Under UKA rules – licence applied for

Finishers of all 5 races will receive a souvenir

Please make cheques payable to: Newark AC and send your entry to Robert Orgill, 15 The Ivies,
Farndon Road, Newark, Nottinghamshire NG24 4SR or enter on the night before 7:00 pm.

No need to send envelopes, collect your number from registration which you will use for all races entered.

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Surname: _____

Forenames: _____

Address: _____

Postcode: _____ Tel: _____

Date of Birth: _____ Sex: M/F Age on June 1st 2020: _____ YRS

Affiliated Club: _____

Email address: _____

Emergency contact: _____

Entry Fees: Mon – Thurs £4.00 each race, Fri open 10K £8.00, all five races £20.00

Races Entered	Mon	Tue	Wed	Thu	Fri	All
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All entrants please read and sign DECLARATION:

I declare that I am medically fit and understand that I enter the runs at my own risk. The organisers and sponsors are not responsible for any injury or illness caused to me during, or as a result of the event, nor any property lost or damaged during the event or in the changing rooms. I agree that we may publish Personal Information as part of the results of the Event and may pass such information to the governing body or any affiliated organisation for the purpose of insurance, licences or for publishing results either for the event alone or combined with or compared to other events. Results may include (but not be limited to) name, any club affiliation, race times, occupation and age category

Signed: _____ Date: _____

Please feel free to copy this form for others.