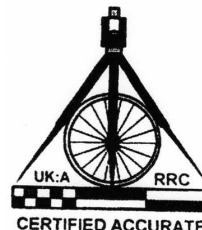


EAST RETFORD



R.U.F.C.

EAST RETFORD RUGBY CLUB



HALF MARATHON

(UKA Permit - Applied For)

FAMILY FUN RUN (approx 2 miles)

(min age 7, any under 10 must be accompanied by an adult)

SUNDAY 22 March 2009

(Half Marathon commences 10.00 am - Fun Run 10.15 am)

**EAST RETFORD RUGBY CLUB
ORDSALL ROAD, ORDSALL, RETFORD
(Start approx 400m from Rugby Club)**

Prizes and Trophies for the first three Men and first three Ladies
and for the winner in each Female and Male Veteran category.

Only one individual prize & trophy per runner

T shirts to all entrants completing the Half Marathon

Prizes for first three home in Fun Run and Medals for all entrants completing the Fun Run

**PLEASE COMPLETE THE FOLLOWING FORM and RETURN TO:
Mr G Murray,40 Southern Wood,Worksop, Notts S80 3DA (Tel 01909 530598)
(E mail: graeme.murray@tiscali.co.uk)**

enclosing an 8"x 6" SAE to receive your Race No. and information pack.

CLOSING DATE 14 MARCH 2009 NOTE : ENTRIES ON THE DAY + £ 2. 00 EXCEPT FUN RUN

Course Records :	Men	Andrew Aked	Rotherham Harriers	1.08.08 (2003)
	Women	Helen Cawthorne	Redhill RR	1.21.00 (2002)

ENTRY DETAILS	ATTACHED	UNATTACHED	FUN RUN
HALF MARATHON	£10	£12	
FUN RUN			£2

NAME		
ADDRESS		
POST CODE	PHONE NO	
E MAIL address		
DATE OF BIRTH	AGE ON DAY	GENDER
AFFILIATED CLUB		
UK ATHLETIC REG No		

I enclose my cheque/P.O. for £___ made payable to East Retford RUFC. I declare that I am an amateur and agree to abide by U.K.A. rules where appropriate. I also certify that I am medically fit to run in this event. I agree that the organisers will in no way be held responsible for any injury loss or illness to my person during or as a result of this event.

SIGNATURE_____

DATE_____