

Lincolnshire T&F League – Match 1 – Grantham – 28th March 2010

Under 11 Girls

80m

1	548	Florence Ireland	Sleaford Striders	13	12
2	803	Sarah Nicholson	Grimsby Harriers	13.6	10
3	737	Chantelle Hayward	Newark	13.6	9
4	602	Olivia Redmond	Louth	14.1	8
5	412	Isabel Mason-Power	Lincoln Wellington	14.2	7
6	549	Abigail Leadbitter	Sleaford Striders	14.4	6
ns	550	Jade Palmer	Sleaford Striders	14.8	
7	1	Saskia Hunt	Bourne Town Harriers	15.3	5
ns	551	Scarlett Dannatt	Sleaford Striders	16	

600m

1	409	Lucy Thornton	Lincoln Wellington	2.11.6	12
2	410	Abigail Small	Lincoln Wellington	2.14.7	10
3	601	Charlotte Redmond	Louth	2.20.0	9
4	2	Polly Luscombe	Bourne Town Harriers	2.20.6	8

Long Jump

1	548	Florence Ireland	Sleaford Striders	3.42	12
2	409	Lucy Thornton	Lincoln Wellington	3.29	10
3	737	Chantelle Hayward	Newark	2.89	9
4	803	Sarah Nicholson	Grimsby Harriers	2.74	8
5	602	Olivia Redmond	Louth	2.7	7
6	412	Isabel Mason-Power	Lincoln Wellington	2.53	6
7	601	Charlotte Redmond	Louth	2.5	5
ns	410	Abigail Small	Lincoln Wellington	2.41	
8	550	Jade Palmer	Sleaford Striders	2.31	4
9	2	Polly Luscombe	Bourne Town Harriers	2.21	3
10	1	Saskia Hunt	Bourne Town Harriers	2.16	2
ns	551	Scarlett Dannatt	Sleaford Striders	1.94	
11	244	Gabbie Lord	Grantham	1.74	1

Ball Throw

1	244	Gabbie Lord	Grantham	dsq	
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Under 13 Girls

70m Hurdles

1	571	Jessica Mitchell	Sleaford Striders	14.6	12
2	565	Freja Munks	Sleaford Striders	16.5	10
ns	567	India Freeman	Sleaford Striders	16.6	
3	48	Phoebe Hibbins	Werrington Joggers	16.6	9
4	607	Natalie Stainton	Louth	16.7	8
5	615	Leah Epton	Louth	16.9	7
6	203	Hannah Payne	Grantham	17.4	6
7	208	Hannah Cook	Grantham	17.4	5

400m Hurdles

#N/A #N/A #N/A

100m

1=	687	Alice Page	Bourne Town Harriers	15	11
1=	571	Jessica Mitchell	Sleaford Striders	15	11
3	206	Samantha Bradley	Grantham	15.1	9

4	207	Ellie-Mae Brown	Grantham	16	8
5	696	Georgia Allman	Bourne Town Harriers	16.1	7
6	46	Leigh Anne Rose	Werrington Joggers	16.2	6
ns	212	Kerry Smith	Grantham	16.4	
8	774	Keaton Walters	Newark	16.5	4
9=	609	Niamh Lawrie	Louth	16.6	2.5
9=	675	Alice Gibbons	Bourne Town Harriers	16.6	
ns	43	Nikita Barber	Werrington Joggers	16.7	
ns	566	Lisa Carter	Sleaford Striders	16.7	
13	912	Cerys Evison-Varley	Rushcliffe	16.7	
14=	203	Hannah Payne	Grantham	16.9	
14=	676	Megan Pusey	Bourne Town Harriers	16.9	
16	48	Phoebe Hibbins	Werrington Joggers	17	
17	778	Asia Moody	Newark	17	
ns	608	Elizabeth Hardcastle	Louth	17.1	
18=	564	Hannah Mayers	Sleaford Striders	17.1	
20	913	Alicia Pears	Rushcliffe	17.5	
21	569	Maria Hird	Sleaford Striders	17.6	

200m

1	206	Samantha Bradley	Grantham	33.1	12
2=	208	Hannah Cook	Grantham	34.1	9.5
2=	43	Nikita Barber	Werrington Joggers	34.1	9.5
4	4	Madeline Jones	Bourne Town Harriers	35.2	8
5	564	Hannah Mayers	Sleaford Striders	36.5	7
6	913	Alicia Pears	Rushcliffe	37.3	6
7	49	Amber Nankereis	Werrington Joggers	39.2	5
8	6	Bethany Beardsmore	Bourne Town Harriers	39.9	4
ns	688	Emily Maker	Bourne Town Harriers	40.8	

800m

1	46	Leigh Anne Rose	Werrington Joggers	3.01.8	12
2	211	Hana McMath	Grantham	3.05.8	10
3	219	Helena Morris	Grantham	3.12.7	9
4	607	Natalie Stainton	Louth	3.19.0	8
5	667	Jasmine Oldfield	Bourne Town Harriers	3.20.5	7
6	614	Alysia Goodwin	Louth	4.03.3	6

1500m

1	608	Elizabeth Hardcastle	Louth	5.39.0	12
2	609	Niamh Lawrie	Louth	5.54.3	10
3	565	Freja Munks	Sleaford Striders	6.15.2	9
4	43	Nikita Barber	Werrington Joggers	6.49.9	8
5	220	Emelia Osbourne	Grantham	6.50.5	7
6	49	Amber Nankereis	Werrington Joggers	7.16.3	6
7	3	Bea Ironside	Bourne Town Harriers	7.17.9	5
8	683	Lauren Bell	Bourne Town Harriers	dsq	

High Jump

1	565	Freja Munks	Sleaford Striders	1.08	12
2	211	Hana McMath	Grantham	1	10

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3	6	Bethany Beardsmore	Bourne Town Harriers	1	9
4=	4	Madeline Jones	Bourne Town Harriers	0.9	7.5
4=	696	Georgia Allman	Bourne Town Harriers	0.9	

1500m S/C

Long Jump

1	687	Alice Page	Bourne Town Harriers	3.73	12
2	609	Niamh Lawrie	Louth	3.24	10
3	571	Jessica Mitchell	Sleaford Striders	3.18	9
4	774	Keaton Walters	Newark	3.14	8
5	564	Hannah Mayers	Sleaford Striders	3.03	7
6	778	Asia Moody	Newark	3.01	6
ns	566	Lisa Carter	Sleaford Striders	2.92	
7	608	Elizabeth Hardcastle	Louth	2.82	5
8	219	Helena Morris	Grantham	2.59	4
9	912	Cerys Evison-Varley	Rushcliffe	2.46	3
10	667	Jasmine Oldfield	Bourne Town Harriers	2.36	2
11	101	Sarah-Jane Price	Boston	2.3	1
ns	688	Emily Maker	Bourne Town Harriers	2.28	
ns	570	Megan Coupland	Sleaford Striders	1.58	

5000m

Javelin

1	207	Ellie-Mae Brown	Grantham	11.1	12
2	204	Ruth Payne	Grantham	10.22	10
3	570	Megan Coupland	Sleaford Striders	8.71	9
4	774	Keaton Walters	Newark	8.55	8
5	696	Georgia Allman	Bourne Town Harriers	7.1	7
6	912	Cerys Evison-Varley	Rushcliffe	6.91	6
7	614	Alysia Goodwin	Louth	6.14	5
8	3	Bea Ironside	Bourne Town Harriers	5.72	4
9	49	Amber Nankereis	Werrington Joggers	5.6	3
10	46	Leigh Anne Rose	Werrington Joggers	5.52	2
11	569	Maria Hird	Sleaford Striders	4.83	1
ns	683	Lauren Bell	Bourne Town Harriers	dsq	

Discus

1	567	India Freeman	Sleaford Striders	19.16	12
2	675	Alice Gibbons	Bourne Town Harriers	9.84	10
3	676	Megan Pusey	Bourne Town Harriers	8.46	9

Pole Vault

#N/A #N/A #N/A

Shot

1	687	Alice Page	Bourne Town Harriers	6.13	12
2	567	India Freeman	Sleaford Striders	6.03	10

3	208	Hannah Cook	Grantham	5.63	9
4	211	Hana McMath	Grantham	5.15	8
5	607	Natalie Stainton	Louth	5.08	7
6	4	Madeline Jones	Bourne Town Harriers	5.02	6
ns	206	Samantha Bradley	Grantham	4.82	
7	569	Maria Hird	Sleaford Striders	4.13	5
8	101	Sarah-Jane Price	Boston	4.04	4
ns	570	Megan Coupland	Sleaford Striders	3.98	
ns	220	Emelia Osbourne	Grantham	3.92	
ns	6	Bethany Beardsmore	Bourne Town Harriers	3.9	
9	614	Alysia Goodwin	Louth	3.72	3
10	48	Phoebe Hibbins	Werrington Joggers	3.35	2
ns	688	Emily Maker	Bourne Town Harriers	3.05	
ns	615	Leah Epton	Louth	2.92	

Relay 4x100m

1	219	GR	Grantham	67	12
2	571	SS	Sleaford Striders	67.4	10
ns	207	GR	Grantham	69	
3	46	WA	Werrington Joggers	71.5	8
4	608	LO	Louth	77.5	6

Under 15 Girls

75m Hurdles

1	218	Alice MacGowan	Grantham	12	12
2	104	Marie Hollingsworth	Boston	12.6	10
3	361	Alison Mouzon	Lincoln Wellington	13.5	9
4	579	Tilly Ireland	Sleaford Striders	13.7	8
5	243	Zoe Lucas	Grantham	13.8	7
6	103	Becky Locking	Boston	14.1	6

400m Hurdles

100m

1	218	Alice MacGowan	Grantham	13.4	12
2	786	Eloise McQuaid	Newark	13.9	10
3=	104	Marie Hollingsworth	Boston	14.1	8.5
3=	217	Aimee Kettle	Grantham	14.1	8.5
5	243	Zoe Lucas	Grantham	14.2	
6	361	Alison Mouzon	Lincoln Wellington	14.3	6
7	755	Lauren Rowberry	Newark	14.4	5
8	814	Emma Brown	Grimsby Harriers	14.6	4
9	103	Becky Locking	Boston	14.7	3
10	618	Rhiain Nicholas	Louth	14.9	2
11	367	Ellie Mason-Powers	Lincoln Wellington	15	1
12	907	Chloe BATTERY	Rushcliffe	15.1	
13	581	Keely McNiffe	Sleaford Striders	15.4	
14	411	Katie Stephens	Lincoln Wellington	15.8	
15	213	Sophie Smith	Grantham	16.5	

200m

1	786	Eloise McQuaid	Newark	29.3	12
2	217	Aimee Kettle	Grantham	30.2	10
3	367	Ellie Mason-Powers	Lincoln Wellington	31.5	9

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4	682	Amy Gibbons	Bourne Town Harriers	32.4	8
5	907	Chloe Buttery	Rushcliffe	32.5	7
6	411	Katie Stephens	Lincoln Wellington	34.2	6

800m

1	807	Lauren Bell	Grimsby Harriers	2.50.6	12
2	617	Keren Newlove	Louth	3.02.2	10

1500m

1	814	Emma Brown	Grimsby Harriers	5.23.3	12
2	225	Ellie Boyson	Grantham	5.35.2	10
3	682	Amy Gibbons	Bourne Town Harriers	5.58.1	9
4	52	Emma Gibbons	Werrington Joggers	6.00.6	8
5	54	Katie Green	Werrington Joggers	6.17.5	7
6	7	Emily Stevens	Bourne Town Harriers	6.21.5	6

3000m

1	802	Elizabeth Lake	Grimsby Harriers	12.34.9	12
2	580	Bethany Preston	Sleaford Striders	16.57.9	10

1500m S/C

High Jump

1	807	Lauren Bell	Grimsby Harriers	1.32	12
2	579	Tilly Ireland	Sleaford Striders	1.25	10
3	618	Rhian Nicholas	Louth	1.25	9

12 7 Emily Stevens Bourne Town Harriers nh

5000m

Long Jump

1	579	Tilly Ireland	Sleaford Striders	4.9	12
2	218	Alice MacGowan	Grantham	4.65	10
3	786	Eloise McQuaid	Newark	4.36	9
4	361	Alison Mouzon	Lincoln Wellington	4.25	8
5	802	Elizabeth Lake	Grimsby Harriers	4.12	7
6	104	Marie Hollingsworth	Boston	3.94	6
7	807	Lauren Bell	Grimsby Harriers	3.8	5
8	217	Aimee Kettle	Grantham	3.8	4
9	617	Keren Newlove	Louth	3.76	3
10	581	Keely McNiffe	Sleaford Striders	3.72	2
11	755	Lauren Rowberry	Newark	3.65	1
12	907	Chloe Buttery	Rushcliffe	3.64	
13	103	Becky Locking	Boston	3.45	
ns	580	Bethany Preston	Sleaford Striders	2.6	

Triple Jump

#N/A #N/A #N/A

Pole Vault

#N/A #N/A #N/A

Javelin

1	209	Savannah Dowse	Grantham	18.93	12
2	814	Emma Brown	Grimsby Harriers	13.62	10
3	802	Elizabeth Lake	Grimsby Harriers	8.92	9

Discus

1	755	Lauren Rowberry	Newark	19.53	12
2	209	Savannah Dowse	Grantham	16.36	10
3	51	Maelissa Page	Werrington Joggers	13.8	9
4	7	Emily Stevens	Bourne Town Harriers	7.19	8

Shot

1	209	Savannah Dowse	Grantham	7.32	12
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Relay 4x100m

1	218	GR	Grantham	58.4	12
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Under 17 Women

80m Hurdles

1	226	Sophie Carley	Grantham	13.3	12
2	933	Emily Geoegiades	Rushcliffe	14.2	10

300m Hurdles

100m

1	224	Molly Beck	Grantham	13.7	12
2	400	Lucy Hellias	Lincoln Wellington	14.1	10
3	584	Laura Carter	Sleaford Striders	15.8	9

200m

1	234	Sohie Mudie	Grantham	30.6	12
2	584	Laura Carter	Sleaford Striders	35.3	10

300m

1	105	Alice Flint	Boston	47.3	12
2	741	Emma Jessop	Newark	47.6	10
3	933	Emily Geoegiades	Rushcliffe	47.7	9
4	232	Molly Louks	Grantham	56.8	8

800m

1	741	Emma Jessop	Newark	2.35.6	12
2	356	Jasmine Cornwell	Lincoln Wellington	2.41.6	10
3	105	Alice Flint	Boston	2.42.6	9
4	749	Vanessa Hubery	Newark	2.48.6	8
5	138	Emma Penniston	Boston	2.53.9	7

1500m

1	815	Sarah Collins	Grimsby Harriers	5.13.0	12
2	55	Kelly Green	Werrington Joggers	5.33.0	10
3	585	Megan Hird	Sleaford Striders	7.12.7	9
4	138	Emma Penniston	Boston	7.22.3	8

1500m S/C

#N/A #N/A #N/A

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3000m					
1	815	Sarah Collins	Grimsby Harriers	11.11.0	12
2	622	Nicola Moss	Louth	11.51.9	10
3	236	Sophia Tucker	Grantham	12.11.9	9

High Jump					
1	585	Megan Hird	Sleaford Striders	1.05	12

Long Jump					
1	394	Ellis Whyler	Lincoln Wellington	4.87	12
2	224	Molly Beck	Grantham	4.64	10
3	226	Sophie Carley	Grantham	4.24	9
4	741	Emma Jessop	Newark	3.72	8
ns	236	Sophia Tucker	Grantham	3.67	

Pole Vault					
#N/A		#N/A		#N/A	

Javelin					
1	585	Megan Hird	Sleaford Striders	16.17	12
2	232	Molly Louks	Grantham	15.23	10

Shot					
1	394	Ellis Whyler	Lincoln Wellington	8.94	12
2	236	Sophia Tucker	Grantham	4.44	10

Under 20 Women

100m Hurdles					
#N/A		#N/A		#N/A	

400m Hurdles

400m					
1	376	Shireen Timmis	Lincoln Wellington	65.6	12
2	132	Chelsea Brockett	Boston	65.6	10
3	108	Louise Rutt	Boston	70.3	9

800m					
1	941	Safia Zerdazi	Rushcliffe	2.39.1	12
2	108	Louise Rutt	Boston	2.43.8	10
3	589	Sasha Siddens	Sleaford Striders	3.18.8	9

1500m					
1	589	Sasha Siddens	Sleaford Striders	6.53.8	12

1500m S/C

3000m					
#N/A		#N/A		#N/A	

5000m

High Jump					
1	132	Chelsea Brockett	Boston	1.4	12

Pole Vault					
#N/A		#N/A		#N/A	

Javelin					
#N/A		#N/A		#N/A	

Discus					
1	238	Amelia Wood	Grantham	14.83	12

Shot					
#N/A		#N/A		#N/A	

Hammer					
#N/A		#N/A		#N/A	

Relay 4x100m					
#N/A		#N/A		#N/A	

Senior Women

100m Hurdles					
#N/A		#N/A		#N/A	

400m Hurdles

100m					
1	745	Ann Kitchen	Newark	15.1	12

200m					
1	766	Amy Fendley	Newark	30.1	12
2	745	Ann Kitchen	Newark	33.1	10

200m					
2	781	Holly Ward	Newark	82.8	10

800m					
1	693	Clare Steel	Bourne Town Harriers	2.30.8	12
2	745	Ann Kitchen	Newark	2.45.3	10

1500m					
1	693	Clare Steel	Bourne Town Harriers	5.18.5	12

1500m S/C					
1	781	Holly Ward	Newark	6.56.2	12

3000m					
1	852	Sheryl Hawes	Mablethorpe	12.24.8	12
2	781	Holly Ward	Newark	12.58.5	10

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5000m					
High Jump					
1	745	Ann Kitchen	Newark	1.45	12
Long Jump					
1	766	Amy Fendley	Newark	5.16	12
2	745	Ann Kitchen	Newark	3.8	10
Triple Jump					
#N/A		#N/A	#N/A		
Pole Vault					
#N/A		#N/A	#N/A		
Javelin					
1	766	Amy Fendley	Newark	26.61	12
2	693	Clare Steel	Bourne Town Harriers	13.73	10
3	745	Ann Kitchen	Newark	13.61	9
Discus					
1	745	Ann Kitchen	Newark	14.73	12
Shot					
1	745	Ann Kitchen	Newark	5.31	12
Relay					
4x100m					
#N/A	o	#N/A	#N/A		12

Vet Women

100m Hurdles					
1	242	Judith Jagger	Grantham	22.5	12
400m Hurdles					
100m					
1	61	Louise Richardson	Werrington Joggers	14.5	12
2	242	Judith Jagger	Grantham	15.8	10
200m					
1	61	Louise Richardson	Werrington Joggers	30.3	12
2	242	Judith Jagger	Grantham	33.9	10
400m					
1	61	Louise Richardson	Werrington Joggers	67.1	12
800m					
#N/A		#N/A	#N/A		
1500m					
#N/A		#N/A	#N/A		
1500m S/C					
3000m					
1	851	Janine Stone	Mablethorpe	11.00.4	12

2	711	Rachel McCuaig	Newark	11.07.5	10
High Jump					
1	242	Judith Jagger	Grantham	1.25	12
Long Jump					
1	242	Judith Jagger	Grantham	3.75	12
Triple Jump					
#N/A		#N/A	#N/A		
Pole Vault					
#N/A		#N/A	#N/A		
Javelin					
1	242	Judith Jagger	Grantham	27.74	12
2	240	Laura Evans	Grantham	22.45	10
Discus					
1	240	Laura Evans	Grantham	30.59	12
2	242	Judith Jagger	Grantham	22.54	10
Shot					
1	242	Judith Jagger	Grantham	7.98	12
2	240	Laura Evans	Grantham	7.03	10

Under 11 Boys

80m					
1	295	Lewis Davey	Grantham	12.8	12
2	156	Kieron Pickwell	Boston	13.4	10
3	545	Robert Hodgkeson	Sleaford Striders	13.6	9
4	155	Matthew Connolly	Boston	14.1	8
5	673	Archie Waddell	Bourne Town Harriers	14.1	7
6	684	Issac Jones	Bourne Town Harriers	14.6	6
600m					
1	456	Ben Skinner	Lincoln Wellington	2.01.2	12
2	717	Joshua Seabrook	Newark	2.02.6	10
3	293	William Tucker	Grantham	2.02.9	9
4	722	Jacob Carrington	Newark	2.06.4	8
5	251	Kyle Seetul-Drew	Grantham	2.06.5	7
6	680	Josh Kaufman	Bourne Town Harriers	2.10.0	6
ns	738	Jake Ludlow	Newark	2.11.4	
7	8	Callum Scane	Bourne Town Harriers	2.11.8	5
8	542	Mason Sorrell	Sleaford Striders	2.14.8	4
ns	671	Aaron Hunt	Bourne Town Harriers	2.15.4	
9	544	Marcus Walmsley	Sleaford Striders	2.17.0	3
ns	543	Matthew Smith	Sleaford Striders	2.20.1	
ns	541	George Munks	Sleaford Striders	2.28.9	
ns	546	Ewan Hodgkeson	Sleaford Striders	2.32.2	
ns	678	Jack Couzens	Bourne Town Harriers	2.38.2	
10	67	Daniel Newcombe	Werrington Joggers	2.38.7	2
Long Jump					
1	456	Ben Skinner	Lincoln Wellington	3.45	12
2	295	Lewis Davey	Grantham	3.29	10
3	543	Matthew Smith	Sleaford Striders	2.92	9
4	293	William Tucker	Grantham	2.81	8

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5	155	Matthew Connolly	Boston	2.69	7
6	156	Kieron Pickwell	Boston	2.62	6
7	542	Mason Sorrell	Sleaford Striders	2.61	5
ns	545	Robert Hodgkeson	Sleaford Striders	2.47	
8	671	Aaron Hunt	Bourne Town Harriers	2.36	4
9	738	Jake Ludlow	Newark	2.24	3
10	678	Jack Couzens	Bourne Town Harriers	1.8	2
11	634	Alec Newlove	Louth	dsq	

Ball Throw

1	722	Jacob Carrington	Newark	34.22	12
2	673	Archie Waddell	Bourne Town Harriers	28.13	10
3	8	Callum Scane	Bourne Town Harriers	25.64	9
4	634	Alec Newlove	Louth	25.55	8
ns	684	Issac Jones	Bourne Town Harriers	25.06	
5	251	Kyle Seetul-Drew	Grantham	25	7
6	541	George Munks	Sleaford Striders	22.1	6
7	544	Marcus Walmsley	Sleaford Striders	20.61	5
ns	680	Josh Kaufman	Bourne Town Harriers	20.45	
8	67	Daniel Newcombe	Werrington Joggers	17.53	4
ns	546	Ewan Hodgkeson	Sleaford Striders	13.5	

Under 13 Boys

75m Hurdles

1	73	Daniel Rutterford	Werrington Joggers	18.1	12
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400m Hurdles

100m

1=	691	Ben Jagger	Bourne Town Harriers	15.1	11
1=	455	Daniel Skinner	Lincoln Wellington	15.1	11
3	942	James Firth	Rushcliffe	15.1	9
4	752	Luke Williams	Newark	15.5	8
5=	699	Tim James	Bourne Town Harriers	15.7	6.5
5=	73	Daniel Rutterford	Werrington Joggers	15.7	6.5
7	252	Jacob Armstrong	Grantham	15.7	5
8=	258	Eliot Smith	Grantham	15.9	3.5
8=	747	Ben Lynch	Newark	15.9	3.5
10=	697	Laurence Carter	Bourne Town Harriers	16.2	
10=	560	James Hall	Sleaford Striders	16.2	1.5
ns	298	Morgan Lee	Grantham	16.4	
11	809	Kieran Bell	Grimsby Harriers	16.9	1
ns	76	Reece Hannon	Werrington Joggers	17	
12=	80	Jacob Nankereis	Werrington Joggers	17	
13	134	Christopher Fitzpatrick	Boston	17	
ns	798	Tyler Ludium	Newark	17.7	
ns	698	Sam Thomas-Smith	Bourne Town Harriers	18.4	

200m

1	455	Daniel Skinner	Lincoln Wellington	31.6	12
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2	685	Oliver Browning	Bourne Town Harriers	33.7	10
3	258	Eliot Smith	Grantham	34.1	9
4	252	Jacob Armstrong	Grantham	34.3	8
5	558	Patrick James	Sleaford Striders	35.1	7
6	76	Reece Hannon	Werrington Joggers	35.5	6
7	159	Zack McDonnell-Woods	Boston	36.3	5
8	747	Ben Lynch	Newark	38.8	4
9	798	Tyler Ludium	Newark	38.8	3

800m

1	455	Daniel Skinner	Lincoln Wellington	2.42.2	12
2	691	Ben Jagger	Bourne Town Harriers	2.46.6	10
3	790	Jake Fenton	Newark	2.54.0	9
4	713	Lewis Hill	Newark	2.55.7	8
5	554	Kyran Palmer	Sleaford Striders	2.58.1	7
6	809	Kieran Bell	Grimsby Harriers	3.06.8	6
7	698	Sam Thomas-Smith	Bourne Town Harriers	3.21.0	5
8	158	Thomas Vamplew	Boston	3.47.8	4

1500m

1	427	Joe Shuttleworth	Lincoln Wellington	5.31.5	12
2	713	Lewis Hill	Newark	5.36.8	10
3	685	Oliver Browning	Bourne Town Harriers	5.40.1	9
4	917	Luke Ellis	Rushcliffe	5.59.4	8
5	76	Reece Hannon	Werrington Joggers	6.03.7	7
6	558	Patrick James	Sleaford Striders	6.20.5	6
7	689	Lucas Fidler	Bourne Town Harriers	6.20.9	5
8	72	Thomas Hamlyn	Werrington Joggers	6.23.8	4
ns	697	Laurence Carter	Bourne Town Harriers	6.46.4	
9	112	Luke MacLoud	Boston	7.01.1	3

High Jump

1	427	Joe Shuttleworth	Lincoln Wellington	1.25	12
2=	298	Morgan Lee	Grantham	1.05	9.5
2=	252	Jacob Armstrong	Grantham	1.05	9.5
4	697	Laurence Carter	Bourne Town Harriers	1	8
5	689	Lucas Fidler	Bourne Town Harriers	1	7
ns	699	Tim James	Bourne Town Harriers	1	

1500m S/C

Long Jump

1	942	James Firth	Rushcliffe	3.64	12
2	790	Jake Fenton	Newark	3.45	10
3	747	Ben Lynch	Newark	3.25	9
4	560	James Hall	Sleaford Striders	3.23	8
ns	752	Luke Williams	Newark	3.21	
5	258	Eliot Smith	Grantham	3.16	7
6	691	Ben Jagger	Bourne Town Harriers	3.07	6
7	809	Kieran Bell	Grimsby Harriers	3.06	5
8	552	Alfie Leadbitter	Sleaford Striders	3.04	4
9	134	Christopher Fitzpatrick	Boston	3.04	3
ns	554	Kyran Palmer	Sleaford Striders	2.93	
ns	557	Andrew Boden	Sleaford Striders	2.66	
10	158	Thomas Vamplew	Boston	2.29	2

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11	698	Sam Thomas-Smith	Bourne Town Harriers	2.04	1
5000m					
Javelin					
1	159	Zack McDonnell-Woods	Boston	23.32	12
2	716	Edward Booth	Newark	19.52	10
3	713	Lewis Hill	Newark	15.01	9
4	298	Morgan Lee	Grantham	13.39	8
5	72	Thomas Hamlyn	Werrington Joggers	11.46	7
ns	798	Tyler Ludium	Newark	9.37	
6	554	Kyran Palmer	Sleaford Striders	9.33	6
7	557	Andrew Boden	Sleaford Striders	6.96	5

12	112	Luke MacLoud	Boston	nt	
13	699	Tim James	Bourne Town Harriers	nt	
ns	134	Christopher Fitzpatrick	Boston	nt	

Discus					
1	159	Zack McDonnell-Woods	Boston	13.51	12
2	112	Luke MacLoud	Boston	12.39	10
3	752	Luke Williams	Newark	10.3	9
4	685	Oliver Browning	Bourne Town Harriers	9.36	8
ns	158	Thomas Vamplew	Boston	8.17	

Pole Vault					
#N/A	#N/A	#N/A	#N/A	#N/A	#N/A

Shot					
1	689	Lucas Fidler	Bourne Town Harriers	3.87	12

Relay 4x100m					
1	747	NA	Newark	66.7	12
2	699	BE	Bourne Town Harriers	67.5	10
3	560	SS	Sleaford Striders	69.9	8
4	112	BD	Boston	74.4	6

Under 15 Boys

80m Hurdles					
1	267	Joshua Brown	Grantham	15.3	12
2	292	Joshua Payne	Grantham	17.2	10
ns	260	Ryan Carley	Grantham	17.9	
ns	261	Ben Ellis	Grantham	19.9	
3	160	Jack Taylor	Boston	29.8	9

400m Hurdles					
#N/A	#N/A	#N/A	#N/A	#N/A	#N/A

100m					
1	113	Oliver Smith	Boston	12.6	12
2	720	Peter Carrington	Newark	13.2	10
3=	500	Joseph Wood	Lincoln Wellington	13.9	8.5
3=	161	Vashist Motkur	Boston	13.9	8.5
5	85	Sam Newcombe	Werrington Joggers	14.4	7
6=	573	Daniel Runacres	Sleaford Striders	14.5	5.5
6=	82	James McCrae	Werrington Joggers	14.5	5.5
8	292	Joshua Payne	Grantham	16.6	4
ns	81	Jamie Rose	Werrington Joggers	16.9	
ns	160	Jack Taylor	Boston	19.7	

200m					
1	113	Oliver Smith	Boston	26	12
2	82	James McCrae	Werrington Joggers	29.9	10
3	162	Lewis Skinner	Boston	30.4	9
4	85	Sam Newcombe	Werrington Joggers	30.6	8
5	498	Dion Harrison	Lincoln Wellington	33.4	7
6	264	Josh Lord	Grantham	34.9	6
ns	160	Jack Taylor	Boston	45.1	

800m					
1	768	Aaron Burns	Newark	2.26.4	12
2	83	Daniel Richardson	Werrington Joggers	2.28.9	10
3	742	John Jessop	Newark	2.30.5	9
ns	764	Chris Sanger	Newark	2.30.9	
4	82	James McCrae	Werrington Joggers	2.31.8	8
5	816	John Collins	Grimsby Harriers	2.43.5	7
6	498	Dion Harrison	Lincoln Wellington	2.48.5	6
7	578	Max Painter	Sleaford Striders	3.00.6	5
8	167	Jonathon Links	Boston	3.01.1	4
9	499	Max Chapman	Lincoln Wellington	3.02.4	3
ns	81	Jamie Rose	Werrington Joggers	3.19.2	

1500m					
1	572	Eliot Asbrey	Sleaford Striders	5.16.1	12
2	264	Josh Lord	Grantham	5.26.2	10
3	85	Sam Newcombe	Werrington Joggers	5.57.5	9
4	700	Sam Luscombe	Bourne Town Harriers	5.57.5	8

3000m					
1	452	Dylan Love	Lincoln Wellington	10.09.2	12
2	574	Samuel James	Sleaford Striders	11.19.0	10
3	263	Jake Hornby	Grantham	11.34.7	9

1500m S/C					
High Jump					
1	260	Ryan Carley	Grantham	1.35	12
2	816	John Collins	Grimsby Harriers	1.3	10
3	162	Lewis Skinner	Boston	1.3	9
4	267	Joshua Brown	Grantham	1.25	8
5	700	Sam Luscombe	Bourne Town Harriers	1.1	7
6	166	Steven Price	Boston	1.1	6

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7	499	Max Chapman	Lincoln Wellington	0.95	5
8	572	Eliot Asbrey	Sleaford Striders	nh	
5000m					
Long Jump					
1	720	Peter Carrington	Newark	4.63	12
2	742	John Jessop	Newark	4.41	10
3	573	Daniel Runacres	Sleaford Striders	4.12	9
4	572	Eliot Asbrey	Sleaford Striders	3.77	8
ns	576	Martin Gorton	Sleaford Striders	3.6	
5	260	Ryan Carley	Grantham	3.59	7
6	264	Josh Lord	Grantham	3.52	6
7	81	Jamie Rose	Werrington Joggers	3.21	5
8	499	Max Chapman	Lincoln Wellington	2.8	4
16	113	Oliver Smith	Boston	4.72	
17	161	Vashist Motkur	Boston	4.12	
ns	162	Lewis Skinner	Boston	3.79	
ns	167	Jonathon Links	Boston	3.56	
ns	166	Steven Price	Boston	3.52	
ns	114	Anthony Sandall	Boston	3.05	
Triple Jump					
#N/A	#N/A	#N/A	#N/A	#N/A	#N/A
Pole Vault					
#N/A	#N/A	#N/A	#N/A	#N/A	#N/A
Javelin					
1	267	Joshua Brown	Grantham	31.14	12
2	83	Daniel Richardson	Werrington Joggers	30.86	10
3	720	Peter Carrington	Newark	28.26	9
4	742	John Jessop	Newark	20.49	8
5	114	Anthony Sandall	Boston	19.55	7
6	578	Max Painter	Sleaford Striders	14.54	6
7	816	John Collins	Grimsby Harriers	9.35	5
8	700	Sam Luscombe	Bourne Town Harriers	6.4	4
Discus					
1	576	Martin Gorton	Sleaford Striders	17.53	12
Shot					
1	114	Anthony Sandall	Boston	7.78	12
2	573	Daniel Runacres	Sleaford Striders	7.68	10
3	764	Chris Sanger	Newark	6.3	9
4	768	Aaron Burns	Newark	5.75	8
5	161	Vashist Motkur	Boston	5.41	7
6	261	Ben Ellis	Grantham	5.05	6
7	292	Joshua Payne	Grantham	4.42	5
ns	263	Jake Hornby	Grantham	3.06	

Relay 4x100m

1	720	NA	Newark	56.6	12
2	113	BD	Boston	56.6	10
3	572	SS	Sleaford Striders	59.8	8
4	267	GR	Grantham	60.7	6
5	83	WA	Werrington Joggers	60.7	4

Under 17 Men

100m Hurdles

1	153	Josh Walker	Boston	14.9	12
2	262	Jac Heanen	Grantham	16	10

400m Hurdles

100m

1	748	Nick Lynch	Newark	12	12
2	153	Josh Walker	Boston	12.2	10
3=	296	James Malins	Grantham	12.5	8.5
3=	740	Nathan Johnson - Bark	Newark	12.5	8.5
5	483	Sam Chapman	Lincoln Wellington	12.5	7
6	497	James Bermingham	Lincoln Wellington	12.8	6
7	648	Jake Roberts	Louth	13	5
ns	422	Elliot Dodd	Lincoln Wellington	13.2	
ns	488	Luke Martin	Lincoln Wellington	15.1	

200m

1	296	James Malins	Grantham	25.4	12
2	740	Nathan Johnson - Bark	Newark	25.8	10
3	115	Sam Johnson	Boston	26.2	9
4	482	Richard Brine	Lincoln Wellington	26.8	8

400m

1	426	Sam Shuttleworth	Lincoln Wellington	56.5	12
2	483	Sam Chapman	Lincoln Wellington	57.6	10

800m

1	482	Richard Brine	Lincoln Wellington	2.13.2	12
2	117	Aiden McClure	Boston	2.19.2	10
3	420	Harry Baxter	Lincoln Wellington	2.21.3	9
4	115	Sam Johnson	Boston	2.21.8	8
5	583	Josh Asbrey	Sleaford Striders	2.23.1	7
6	753	Tom Partridge	Newark	2.26.2	6
7	582	Adam Runacres	Sleaford Striders	2.27.5	5
8	728	Linton Taylor	Newark	2.28.7	4
ns	488	Luke Martin	Lincoln Wellington	2.48.3	

1500m

1	583	Josh Asbrey	Sleaford Striders	4.53.3	12
2	117	Aiden McClure	Boston	5.22.6	10

1500m S/C

#N/A #N/A #N/A

3000m

1	721	Oliver Carrington	Newark	9.57.0	12
2	457	Adam Baker	Lincoln Wellington	10.10.9	10
3	426	Sam Shuttleworth	Lincoln Wellington	10.35.4	9

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4	582	Adam Runacres	Sleaford Striders	11.21.7	8
High Jump					
1	262	Jac Heanen	Grantham	1.7	12
2	708	Jake Griffin	Newark	1.55	10
3	297	Tom Evans	Grantham	1.55	9
4	739	Tom Winter	Newark	1.45	8
ns	721	Oliver Carrington	Newark	1.35	
5	115	Sam Johnson	Boston	1.3	7
Long Jump					
1	262	Jac Heanen	Grantham	5.34	12
2	648	Jake Roberts	Louth	5.28	10
3	583	Josh Asbrey	Sleaford Striders	4.55	9
Pole Vault					
#N/A	#N/A	#N/A	#N/A	#N/A	#N/A
Javelin					
1	708	Jake Griffin	Newark	38.45	12
2	739	Tom Winter	Newark	33.57	10
3	266	Christopher Bainbridge	Grantham	16.06	9
2	266	Christopher Bainbridge	Grantham	16.4	10
3	422	Elliot Dodd	Lincoln Wellington	16.07	9
4	483	Sam Chapman	Lincoln Wellington	15.2	8
ns	488	Luke Martin	Lincoln Wellington	12.56	
Shot					
1	119	Marc Bradbury	Boston	11.62	12
2	297	Tom Evans	Grantham	10	10
3	582	Adam Runacres	Sleaford Striders	7.25	9
4	266	Christopher Bainbridge	Grantham	6.69	8
Under 20 Men					
110m Hurdles					
#N/A	#N/A	#N/A	#N/A	#N/A	#N/A
400m Hurdles					
100m					
1		Luke Chester	Boston	12.0	12
2	121	Joshua Goodfellow	Boston	15.4	10
200m					
1		Luke Chester	Boston	24.7	12
2	133	Stephan Brockett	Boston	25.6	10
ns	120	Jeremy Baily	Boston	26.7	
ns	121	Joshua Goodfellow	Boston	32.4	
400m					
1	277	Joe Madge	Grantham	52.7	12
800m					
1	471	Shane Robinson	Lincoln Wellington	2.11.0	12

2	487	Jack Cornwell	Lincoln Wellington	2.15.2	10
3	120	Jeremy Baily	Boston	2.15.6	9
1500m					
1	489	Chris Woodger	Lincoln Wellington	4.17.8	12
2	471	Shane Robinson	Lincoln Wellington	4.31.8	10
ns	495	Josh Spering	Lincoln Wellington	4.35.4	
1500m S/C					
1	471	Shane Robinson	Lincoln Wellington	4.40.4	12
3000m					
1	471	Shane Robinson	Lincoln Wellington	9.17.4	12
2	275	Scott Griffin	Grantham	12.54.1	10
5000m					
High Jump					
1	133	Stephan Brockett	Boston	1.65	12
2	477	Chris Leslie	Lincoln Wellington	4.68	10
Pole Vault					
#N/A	#N/A	#N/A	#N/A	#N/A	#N/A
Javelin					
1	278	Hayden Richards	Grantham	47.13	12
2	133	Stephan Brockett	Boston	36.54	10
3	118	Haden Brittain	Boston	35.41	9
Discus					
1	278	Hayden Richards	Grantham	26.04	12
2	118	Haden Brittain	Boston	23.72	10
Shot					
1	118	Haden Brittain	Boston	9.83	12
2	133	Stephan Brockett	Boston	9.51	10
3	278	Hayden Richards	Grantham	8.26	9
Hammer					
#N/A	#N/A	#N/A	#N/A	#N/A	#N/A
Relay 4x100m					
#N/A	#N/A	#N/A	#N/A	#N/A	#N/A
10,000m					
Senior Men					
110m Hurdles					

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#N/A	#N/A	#N/A	#N/A	#N/A	#N/A
400m Hurdles					
100m					
1	154	Mark Bridge	Boston	11.9	12
2	164	David Walker	Boston	12.1	10
3	714	Tom Beaumont	Newark	12.5	9
ns	165	PhilPeatling	Boston	13.9	
200m					
1	164	David Walker	Boston	25.8	12
800m					
1	952	Tim Doughty	Worksop	2.25.6	12
1500m					
1	590	Alan Oliver	Sleaford Striders	4.49.2	12
2	123	Jose Ferreira	Boston	5.00.8	10
1500m S/C					
#N/A	#N/A	#N/A	#N/A	#N/A	#N/A
3000m					
1	686	Matt Green	Bourne Town Harriers	9.49.0	12
2	590	Alan Oliver	Sleaford Striders	10.05.3	10
3	123	Jose Ferreira	Boston	10.08.7	9
4	952	Tim Doughty	Worksop	10.24.0	8
5	853	Robert Hawes	Mablethorpe	10.29.3	7
5000m					
High Jump					
1	714	Tom Beaumont	Newark	1.5	12
Long Jump					
1	154	Mark Bridge	Boston	6.51	12
2	714	Tom Beaumont	Newark	5.63	10
Triple Jump					
#N/A	#N/A	#N/A	#N/A	#N/A	#N/A
Pole Vault					
#N/A	#N/A	#N/A	#N/A	#N/A	#N/A
Javelin					
1	714	Tom Beaumont	Newark	37.91	12
2	165	PhilPeatling	Boston	32.68	10
3	757	Craig Rodwell	Newark	30.55	9
Discus					
1	757	Craig Rodwell	Newark	30.65	12
Shot					
1	757	Craig Rodwell	Newark	10.33	12
2	714	Tom Beaumont	Newark	8.93	10
Relay					
4x100m					
#N/A	#N/A	#N/A	#N/A	#N/A	#N/A

Vet Men

#N/A	#N/A	#N/A	#N/A	#N/A	#N/A
110m Hurdles					
400m Hurdles					
100m					
1	754	Rob Hutchinson	Newark	12.9	12
2	462	Malc Bramhall	Lincoln Wellington	13.1	10
3	712	Peter Beaumont	Newark	13.2	9
4	285	Mark Gray	Grantham	13.7	8
5	690	David Grace	Bourne Town Harriers	14.6	7
6	129	George Ashcroft	Boston	14.7	6
200m					
1	712	Peter Beaumont	Newark	27.5	12
2	285	Mark Gray	Grantham	28.4	10
3	690	David Grace	Bourne Town Harriers	30.9	9
4	96	Kevin Nankereis	Werrington Joggers	34.1	8
400m					
1	462	Malc Bramhall	Lincoln Wellington	58.1	12
2	712	Peter Beaumont	Newark	59.8	10
800m					
1	287	Nigel Kettle	Grantham	2.26.4	12
2	445	Jon Hughes	Lincoln Wellington	2.27.7	10
3	96	Kevin Nankereis	Werrington Joggers	2.53.0	9
4	951	Jimmy Kelly	Worksop	2.53.6	8
5	690	David Grace	Bourne Town Harriers	2.54.0	7
6	710	John Combie	Newark	3.06.1	6
7	97	Tim Newcombe	Werrington Joggers	3.10.4	5
1500m					
1	141	Owen Msimango	Boston	5.31.5	12
1500m S/C					
#N/A	#N/A	#N/A	#N/A	#N/A	#N/A
3000m					
1	490	Les Ball	Lincoln Wellington	9.19.4	12
2	289	Arthur Short	Grantham	10.59.0	10
3	124	Dennis Rainbow	Boston	11.16.8	9
4	290	Mark Tucker	Grantham	12.16.2	8
5	710	John Combie	Newark	12.56.0	7
6	951	Jimmy Kelly	Worksop	12.58.9	6
7	421	George Shuttleworth	Lincoln Wellington	13.05.2	5
8	743	Graham Kelley	Newark	13.18.2	4
9	596	Pete Nadin	Sleaford Striders	15.07.0	3
High Jump					
1	294	Alan Carley	Grantham	1.41	12
Long Jump					
1	129	George Ashcroft	Boston	4.79	12

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2	285	Mark Gray	Grantham	4.61	10
3	294	Alan Carley	Grantham	4.43	9
Triple Jump					
#N/A		#N/A	#N/A		
Pole Vault					
1	679	Rowland Stevens	Bourne Town Harriers	2.2	12
Javelin					
1	679	Rowland Stevens	Bourne Town Harriers	34.85	12
2	283	Phillip Garner	Grantham	28.08	10
3	291	Robert Evans	Grantham	26.71	9
ns	294	Alan Carley	Grantham	25.81	

4	690	David Grace	Bourne Town Harriers	22.69	8
Discus					
1	283	Phillip Garner	Grantham	24.96	12
2	271	John Bainbridge	Grantham	21.59	10
3	690	David Grace	Bourne Town Harriers	20.67	9
Shot					
1	271	John Bainbridge	Grantham	8.11	12
2	283	Phillip Garner	Grantham	7.89	10
3	690	David Grace	Bourne Town Harriers	7.85	9
4	951	Jimmy Kelly	Worksop	7.03	8