

The final column is the percentage of the Athletics Weekly standard for that age group For the U11s I have used U13s standards and for the over 60s I have used V55s standards. For Vets where I do not know their age group I have used V35 or V40 to calculate their standard but their age appears as VET. Please let me know which age group you should be in.

U11 Girls 80m										U13 Girls Shot									
1	Alice	MACGOWAN	12.7	203	12	GR	94			1	Hannah	DUNDERDALE	7.48	376	12	LW	100		
2	Abbie	MACKENZIE	13.5	825	10	GY	89			2	Sophie	LOVERIDGE	6.93	241	10	GR	92		
U11 Girls 600m										3	Rebecca	SCALES	6.10	851	9	GY	81		
1	Emma	BROWN	2:06.4	827	12	GY	91			4	Arlayna	DAVEY	4.73	380	8	LW	63		
2	Maria	HOLLINGSWORTH	2:09.5	156	10	BD	89			U15 Girls 100m									
3	Katie	MCMUNN	2:09.6	355	9	LW	89			1	Mary ann	PHILLIPS	12.7	374	12	LW	105		
4	Catrina	THOMAS	2:13.5	350	8	LW	86			2	Renee	BAKER	12.8	616	10	LO	104		
5	Rhiannon	PHILLIPS	2:15.2	392	0	LW	85			3	Amelia	WOOD	13.2	210	9	GR	101		
6	Tilly	IRELAND	2:15.4	509	7	SS	85			4	Hannah	BOYES	13.5	182	8	BD	99		
7	Bethany	WAINES	2:23.3	399	0	LW	80			5	Jessica	HAULTON	13.6	846	7	GY	98		
8	Lauren	BELL	2:37.0	843	6	GY	73			6	Hannah	LEDGER	13.8	652	6	BE	96		
9	Hannah	SCALES	2:39.7	852	0	GY	72			7	Sophie	BECK	14.0	211	5	GR	95		
U11 Girls Long Jump										8	Melanie	BRISTOW	14.3	104	4	BD	93		
1	Karlie	WRIGHT	3.69	130	12	BD	89			9	Sarah	FRYER	14.5	736	3	NK	92		
2	Tilly	IRELAND	3.47	509	10	SS	84			10	Laura	MCMUNN	14.8	398	2	LW	90		
3	Alice	MACGOWAN	3.35	203	9	GR	81			11	Kirstie	JAMES	15.1	831	1	GY	88		
4	Katie	MCMUNN	3.34	355	8	LW	80			12	Laurnyn	BURLEY	15.6	379	0	LW	85		
5	Abbie	MACKENZIE	3.10	825	7	GY	75			U15 Girls 200m									
6	Catrina	THOMAS	3.03	350	6	LW	73			1	Mary ann	PHILLIPS	26.5	374	12	LW	104		
7	Emma	BROWN	2.97	827	5	GY	72			2	Renee	BAKER	27.0	616	10	LO	102		
8	Rhiannon	PHILLIPS	2.31	392	0	LW	56			3	Rachael	HOLLAND	28.4	102	9	BD	97		
U11 Girls Ball Throw										4	Shireen	TIMMIS	28.8	364	8	LW	95		
1	Maria	HOLLINGSWORTH	28.04	156	12	BD				5	Hannah	LEDGER	29.2	652	7	BE	94		
2	Lauren	BELL	16.89	843	10	GY				6	Sophie	BECK	29.5	211	6	GR	93		
3	Hannah	SCALES	14.14	852	9	GY				7	Sarah	FRYER	29.9	736	5	NK	92		
U13 Girls 100m										8	Rachel	GREGORY	30.2	737	4	NK	91		
1	Amy may	SAUNDERS	13.3	238	12	GR	105			9	Laura	MCMUNN	31.0	398	0	LW	89		
2	Sophie	CARLEY	13.8	204	10	GR	101			U15 Girls 800m									
3	Ellis	WHYLER	13.8	128	9	BD	101			1	De'anna	DAVEY	2:33.0	378	12	LW	97		
4	Molly	BECK	13.9	207	0	GR	101			2	Chelsea	BROCKETT	2:43.3	212	10	GR	91		
5	Jessica	SAXBY	14.1	181	8	BD	99			3	Ellie	JONES	2:48.6	384	9	LW	88		
6	Lucy	HELES	15.2	367	7	LW	92			4	Jess	FARNSWORTH	2:52.6	362	0	LW	86		
7	Hannah	DEALTRY	15.3	397	6	LW	92			5	Rachel	GREGORY	2:55.1	737	8	NK	85		
8	Sophie	LOVERIDGE	15.4	241	0	GR	91			6	Hannah	COCKS	3:08.5	213	7	GR	79		
9	Emily	SHARP	16.2	607	5	LO	86			7	Charlotte	BUCKLEY	3:14.7	611	6	LO	76		
U13 Girls 200m										8	Kirstie	JAMES	3:20.5	831	5	GY	74		
1	Sophie	CARLEY	29.3	204	12	GR	101			U15 Girls 1500m									
2	Ellis	WHYLER	29.5	128	10	BD	100			1	Amy	SAGGERS	10:00.0	243	12	GR	52		
3	Molly	BECK	30.0	207	9	GR	98			U15 Girls 4 X 200m									
4	Jasmine	CORNWELL	30.1	391	8	LW	98			1	Grantham	AC	2:03.1	3	12	GR	97		
5	Jessica	SAXBY	30.3	181	7	BD	97			2	Lincoln	Wellington A	2:03.4	2	10	LW	97		
6	Wednesday	PYWOWARIW	31.8	159	0	BD	93			U15 Girls Discus									
7	Hannah	DEALTRY	33.3	397	6	LW	89			1	Lucy	BRENTNALL	20.74	103	12	BD	90		
8	Lucy	HELES	33.9	367	0	LW	87			2	Jenny	WILSON	17.22	850	10	GY	75		
U13 Girls 800m										3	Steph	HENDY	16.76	101	9	BD	73		
1	Vicki	LAWRENCE	2:41.8	352	12	LW	99			4	Jade	MASON	15.63	146	0	BD	68		
2	Jasmine	CORNWELL	2:49.2	391	10	LW	95			5	Charlotte	BUCKLEY	14.29	611	8	LO	62		
3	Wednesday	PYWOWARIW	3:02.4	159	9	BD	88			6	Amy	SAGGERS	12.92	243	7	GR	56		
4	Rebecca	WELLS	3:05.0	401	0	LW	86			U15 Girls Hammer									
U13 Girls 4 X 200m										1	Jade	MASON	34.72	146	12	BD	0		
1	Grantham	AC	2:06.3	3	12	GR	107			2	Steph	HENDY	32.57	101	10	BD	0		
2	Boston & District	AC	2:12.4	1	10	BD	102			3	Hannah	CROWSON	13.48	177	0	BD	0		
3	Lincoln	Wellington A	2:18.3	2	8	LW	98			U15 Girls High Jump									
U13 Girls Discus										1	Jessica	HAULTON	1.50	846	12	GY	103		
1	Hannah	DUNDERDALE	22.41	376	12	LW	112			2	Hannah	BOYES	1.50	182	10	BD	103		
2	Arlayna	DAVEY	9.68	380	10	LW	48			3	Chelsea	BROCKETT	1.30	212	9	GR	90		
U13 Girls High Jump										4	Rachael	HOLLAND	1.25	102	8	BD	86		
1	Ellis	WHYLER	1.35	128	12	BD	102			5	Amelia	WOOD	1.20	210	7	GR	83		
2	Vicki	LAWRENCE	1.25	352	10	LW	94			6	Shireen	TIMMIS	1.15	364	6	LW	79		
3	Paige	COOPER	1.25	828	9	GY	94			7	Hannah	CROWSON	1.15	177	0	BD	79		
U13 Girls Javelin										U15 Girls Javelin									
1	Hannah	DUNDERDALE	20.36	376	12	LW	102			1	Lucy	BRENTNALL	25.30	103	12	BD	101		
2	Arlayna	DAVEY	9.49	380	10	LW	47			2	Melanie	BRISTOW	22.12	104	10	BD	88		
3	Amy may	SAUNDERS	7.82	238	9	GR	39			3	Sadie	RICHARDSON	19.19	179	0	BD	77		
U13 Girls Long Jump										4	Victoria	HAMPTON	13.75	608	9	LO	55		
1	Sophie	CARLEY	4.53	204	12	GR	109			5	Kirstie	JAMES	11.82	831	8	GY	47		
2	Amy may	SAUNDERS	4.15	238	10	GR	100			6	Laurnyn	BURLEY	11.22	379	7	LW	45		
3	Molly	BECK	4.13	207	0	GR	100			U15 Girls Long Jump									
4	Jessica	SAXBY	4.09	181	9	BD	99			1	Jessica	HAULTON	4.78	846	12	GY	104		
5	Katie	POLLARD	3.68	393	8	LW	89			2	Chelsea	BALLAM	4.77	209	10	GR	104		

